

“I’m tired of dieting”

“I hate going to the gym”

“I want to lose weight permanently”

Weightless LLC provides customized keynotes, workshops and group consultations

Top Programs

☆ **Weightless**

Discover a simple recipe to permanent weight loss

☆ **F.A.T.**

Transform from fat to F.A.T. and discover your inner strength

☆ **Losing to Win**

Learn the secret to achieving success in your goals



Hungry for more?
Call me for a free
15-minute
consultation!

☎ 651-214-8179

✉ jegoswam@bweightless.com

🌐 Weightlesschronicles.com



Jennifer Espinosa-Goswami

☆ Professional Speaker

☆ Weight Loss Leader

Who Am I?

I am a former fat girl who has sustained a weight loss of 100 pounds. I am dedicated to helping busy women lose weight and live great!

Topics

☆ Weight Loss

☆ Women's Health

☆ Goal Achievement